

# Palliative Medicine: Outline

(Code: 4827, 1<sup>st</sup> – 2<sup>nd</sup> year, 1 unit)

(Course ID: GS-c4827-L)

## 1. Instructors

Name	Position	Department	Contact Information
MORI Takehiko	Chief Instructor / Professor	Department of Hematology	mori.hema@tmd.ac.jp
OKADA Takuya	Associate Professor	Gastrointestinal Surgery	t-okada.srg1@tmd.ac.jp

## 2. Classroom/Lab Lecture Location

On-demand: on WebClass.

The report assignments will be informed by e-mail.

## 3. Course Purpose and Outline

[Course Purpose]

Palliative medicine in Japan initially focused on pain relief for cancer patients who no longer responded to medical treatment to be cured. Later, the indication was expanded to include early stages of treatment as well.

The course will provide an overview of the overall picture as preparation for deepening understanding of the lectures that will be given in the future, which will take a multifaceted approach. The course also aims to provide students with knowledge of quality of life (QOL) to evaluate the patient as a whole and communication skills in dealing with such patients and their families.

[Outline]

Provide an outline on the philosophy, aim, significance and current situation of palliative care. In addition, the following will be explained: hospice, palliative care in the palliative care unit and home palliative care according to actual clinical experience. Lectures will be given on the basic quality of life scales in palliative medicine, including descriptions and applied of quality of life measures to assess total pain, and communication with patients and their families.

## 4. Course Objectives

Learn the actual practice of palliative medicine and apply it to actual clinical practice and research.

## 5. Format

The subject consists of lectures and report assignments.

All programs are conducted in an omnibus format.

## 6. Course Details

No.	Topics
1	Introduction to palliative medicine
2	Approach to physical symptoms in home healthcare
3	Respiratory symptom management and end-of-life care for cancer patients
4	Specialized Palliative Medicine in Practice in palliative care unit
5	Understanding and Responding to the Distress of Cancer Patients' Families and bereaved family
6	Responding to delirium
7	Psychiatric Issues at the End of Life
8	Overview of psycho-oncology

## 7. Assessment

The assessment will be by the report assignments.

## 8. Prerequisite Reading

None.

## 9. Reference Materials

Oxford Textbook Of Palliative Medicine 5th edition (Cherny and Fallon, Oxford Textbook of Palliative Medicine): 2015

## 10. Language Used

All classes are conducted in English.

## 11. Office Hours

Mon – Fri: 9:00 AM – 17:00 PM

Contact: OKADA Takuya, Gastrointestinal Surgery

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Please contact the instructor regarding questions or consultations.

## 12. Note(s) to Students

The goal is to acquire knowledge that can be immediately put into practice.